

# CAPS' Remote Services



## If you are living in the state of California:

### Students with UCSHIP

- Same Day Triage assessment with a CAPS clinician
- Short-term individual therapy
- Group therapy
- Psychiatry services at CAPS, when clinically appropriate
- CAPS' 24/7 Crisis Line (310) 825-0768
- Referrals and linkage assistance to off-campus services
  - Must receive a referral from CAPS. \$0 co-pay for in-network providers (for routine, outpatient visits)
- LiveHealth Online
- MY SSP: For International Students

### Students without UCSHIP

- Same Day Triage assessment with a CAPS clinician
- Short-term individual therapy (\$15 per visit)
- Group therapy (\$15 per visit)
- Psychiatry services by exception only (for full-fee)
- CAPS' 24/7 Crisis Line (310) 825-0768
- Referrals and linkage assistance to off-campus services
- LiveHealth Online
- MY SSP: For International Students

## If you are living outside of California, and in the United States:

### Students with UCSHIP

- Same Day consultation with a CAPS clinician
- CAPS' 24/7 Crisis Line (310) 825-0768
- Referrals and linkage assistance to off-campus services
  - Must receive a referral from CAPS. \$0 co-pay for in-network providers (for routine, outpatient visits)
- LiveHealth Online
- MY SSP: For International Students

### Students without UCSHIP

- Same Day consultation with a CAPS clinician
- CAPS' 24/7 Crisis Line (310) 825-0768
- Referrals and linkage assistance to off-campus services
- LiveHealth Online
- MY SSP: For International Students

## If you are living outside of the country:

### Students with UCSHIP

- Same Day consultation with a CAPS clinician
- CAPS' 24/7 Crisis Line (310) 825-0768
- Referrals and linkage assistance to off-campus services
  - UCSHIP also provides worldwide coverage. Whether traveling or living outside the U.S., students and dependents are covered under UCSHIP and can use the BlueCard Worldwide program. Visit the UCOP website for details:  
<https://www.ucop.edu/ucship/benefits/when-youre-traveling.html>
- MY SSP: For International Students

### Students without UCSHIP

- Same Day consultation with a CAPS clinician
- CAPS' 24/7 Crisis Line (310) 825-0768
- Referrals and linkage assistance to off-campus services
- MY SSP: For International Students

**CAPS' Triage hours: Mon. - Thurs. 9am-4pm, Fri. 9am-3pm**

**Please call CAPS' main number (310.825.0768) in order to schedule appointment**

**Checkout the CAPS Website for the following Wellness and Consultation Services**



**CAPS Drop-in Hours**



**Therapy Assistance Online**

International Student Support Program



**MYSSP**



**The RISE Center**



**Live Health Online**