Sliding Scale Counseling Centers

- All agencies offer Individual Adult Counseling Services
- * Next to clinic name on this page indicates psychiatry services available. Note that most agencies that have psychiatry ONLY do so with simultaneous psychotherapy.
- Clinics may have considerable wait-times for initial appointments (aka Intakes); Call to confirm.
- This form is updated bi-annually. Please note that information may have changed. Please call or visit their website for most accurate information.

Disclaimer: The following resources are provided for convenience and informational use only. Listing of resources does not indicate an endorsement or recommendation by UCLA or its affiliates. CAPS is not responsible for the content, claims, or representations of the listed resources.

Clinic Listing by Neighborhood

Westwood/Campus Adjacent

- Spanish Speaking Psychosocial Clinic UCLA
- UCLA Psychology Clinic*

Santa Monica

- Family Service of Santa Monica*
- The Saturday Center

Culver City/West LA/Marina Del Rey

- Antioch University Counseling Center
- Colors LGBTQ Youth Counseling Center
- Open Paths Counseling Center
- Women's Clinic & Family Counseling Center

Beverly Hills/Century City

- The Maple Counseling Center*
- Wright Institute Los Angeles

Inglewood/Westchester

- Pepperdine Community Counseling Center
- Airport Marina Counseling Service*

Mile/Mid-City

- Jewish Family Services
- The Ness Counseling Center
- The Relational Center
- Southern California Counseling Center

West Hollywood/Silver Lake

Los Angeles LBGT Center*

Burbank

Family Service Agency of Burbank

Pasadena/San Gabriel Valley

- Foothill Family Service*
- Fuller Psychological & Family Services

San Fernando Valley - North

- Counseling West
- Hillview Mental Health Center, Inc.*
- Mitchell Family Counseling Clinic (@ CSUN)
- San Fernando Valley Counseling Center

San Fernando Valley – East (of 405 Fwy)

• The Center for Individual & Family Counseling

San Fernando Valley – West (of 405 Fwy)

- Encino Community Counseling Center/Pepperdine
- Neighborhood Counseling Center
- Philips Graduate Institute Counseling Center South Central
- Watts Counseling & Learning Center

Orange County

Living Success Center

Name / Contact Info	Fees/ Insurance	Services (Groups, Other Programs, Other Languages)	Psychiatry	Hours	
Airport Marina Counseling Service La Tijera Blvd., Los Angeles, 90045 310-670-1410 7891 www.airportmarina.org	Intake Fee: \$30 Sessions: Sliding Scale \$15-\$90 Insurance: N/A	 Individuals, couples, case management, family, children, group, Hannon immediate intervention program, LGBTQIA Center Groups: Court-approved Parenting class, Anxiety, Anger management for Youth, Men's, Women in transition, Couples 	For current clients; requires minimum of 5 therapy visits before referral.	M-Th: 9am-9pm F-Su: 9am-3pm	Updated 7/2019
Antioch University Counseling Center 400 Corporate Pointe, Culver City, 90230 310-574-2813 x366 https://www.antioch.edu/los- angeles/resources/community-resources/au-counseling- center/	Intake Fee: Unknown Session: Sliding scale: \$20- \$85 Insurance: The center does not take private insurance, some staff accept private insurance, No Medi-Cal or Medicare.	 Individuals, family, children, services for court-mandated clients. International and LGBT counseling programs. Groups: call to confirm specific focus Languages: Call to confirm. English, Farsi, Hebrew, Russian and French 	No	M-F: 8am-9pm Sat: 8am-6pm Sun: 8am-4pm	Updated 7/2019
The Center for Individual & Family Counseling 5445 Laurel Canyon Blvd., North Hollywood, 91607 818-761-2227 x707 https://www.thecenterpro.org/services	Intake: \$40 Session: sliding scale \$40- \$130 Insurance: No	 Individuals, couples, family, children, adolescents Groups: N/A Languages: Spanish, Farsi, 	No	M-Th: 9am-9pm F-Su: 9am-5pm	Updated 7/2019
Colors LGBTQ Youth Counseling Center located at Antioch University Los Angeles 400 Corporate Pointe Culver City, 90230 310-574-2813 ext. 366 www.colorsyouth.org	Intake Fee: Unknown Sessions: Free Insurance: No	 For youth under 25 and their families Individuals, couples, family, and group counseling 	No	7 days a week, by appointment	Updated 7/2019
Counseling West 4419 Van Nuys Blvd., Ste. 310 Sherman Oaks, CA 91403 818-990-9898 www.counselingwest.com	Intake Fee: \$40 Sessions: sliding scale \$40+ Insurance: No	 Individuals, couples, family, children, psychological testing Groups: Call to confirm specific focus Languages: Armenian, German, French, Farsi, Hebrew, Spanish, Cantonese, and American Sign Language 	No	M-F: 8am-9pm Sat: 8am-6pm	Updated 7/2019

David H. Fox Counseling Center (formerly known as Phillips Graduate University Counseling Center 19900 Plummer St., Chatsworth, 91311 818-386-5615 https://www.pgu.edu/counseling-services.html	Intake Fee: Sessions: Sliding scale Insurance: Yes, No Medi- Cal or Medi-care.	 Individuals, couples, family, children, services for court-mandated clients. Groups: Parenting group, Anger management for adults, Men's group for ending domestic violence, Women against violence. Call for updates Languages: Spanish, Farsi 	No	M-Th: 8am-9pm F-Sa: 8am-5pm	Updated 7/2019
Encino Community Counseling Center (of Pepperdine University) 16830 Ventura Blvd., Ste 216, Encino, 91436 818-501-1678 http://gsep.pepperdine.edu/about/clinics/encino (4-6 week waitlist as of April 2019)	Intake Fee: \$25 Sessions: Sliding scale \$15- \$90 Insurance: No	Individuals, couples, adolescents, Groups: They provide a list of groups in the community	No	By appointment	Updated 7/2019
Family Service Agency of Burbank 2721 W. Burbank Blvd., Burbank, 91505 818-845-7671 www.familyserviceagencyofburbank.org(Intake Fee: Unknown Sessions: Sliding scale Insurance: Unknown	 Individuals, couples, family, children, groups, transitional housing programs for homeless adults & teens. Groups: varies, call to confirm specific focus 	No	M-F: 9am - 9pm Sat: 8am - 6pm Sun: By appointment	Updated 7/2019
Family Service of Santa Monica 1533 Euclid St, Santa Monica, 90403 310-451-9747 www.vistadelmar.org/family-services-of-santa-monica	Intake Fee: Unknown Sessions: Sliding scale \$40- \$170 Insurance: Medi-Cal for minors	 Individuals (up to age 25) individual, couples, children Groups: varies, call to confirm specific focus 	For current clients receiving therapy	M-Th: 9am-8pm F: 9am-4pm	Updated 7/2019
Foothill Family Service Multiple locations: Pasadena, El Monte, W. Covina, Duarte 626-993-3000 www.foothillfamily.org	Intake Fee: \$30 Sessions: Sliding scale \$35- \$177 Insurance: Tricare, Molina, Medi-cal (up to age 21.5)	Individuals, couples, family, children • Groups: Parenting, domestic violence • Languages: Spanish	For minors w/ Medi-Cal	M-F: Hours vary by location	Updated 7/2019

Fuller Psychological & Family Services 180 North Oakland Ave., Pasadena, 91101 626-584-5555 http://fuller.edu/fuller-psychological-and-family-services/	Intake Fee: Unknown Sessions: Sliding Scale: \$45-\$150 Neuropsychological testing: \$3,000 Adult ADHD/Educational Assessment: \$2,000 Insurance: No	 Individuals, couples, family, children, premarital counseling, group neuropsychological testing, Does not directly treat bipolar disorders, eating disorders, or substance-related and addictive disorders Groups: call to confirm specific focus 	No	M-Th: 8am-9pm F: 8am-5pm	Updated 7/2019
Hillview Mental Health Center, Inc. 12450 Van Nuys Blvd., Ste. 200 Pacoima, 91331 818-896-1161 www.hillviewmhc.org	Intake Fee: No for Medical Sessions: Sliding scale Insurance: Medi-Cal only	 Individuals, medication management, case management Groups: varies, call to confirm specific focus Language: Spanish 	For current clients receiving therapy	M- F: 9am-5:30pm	Updated 7/2019
Jewish Family Service of Los Angeles Multiple locations: LA, San Fernando Valley 877-275-4537 Central Access 310-247-0864 Pico Robertson Family Resource Center www.jfsla.org (Do not need to be Jewish to access services)	Intake Fee: Unknown Sessions: Sliding scale. Insurance: Some private insurance	 Individuals, children, family Other services: Addiction & Prevention Program (310-247-1180) or 626-577-7729. 24 Hour Crisis Hotlines in English and Spanish (818) 505-0900 or (323) 681-2626 Groups: varies, call to confirm specific focus Languages: Farsi, Russian, Hebrew, Farsi, and Spanish 	No	M-Th: 8:30am- 5:00pm.	Updated 7/2019
Living Success Center 445 E. 17th St., Suites D-E 23193 Costa Mesa, 92627 949-645-4723 www.livingsuccesscenter.org	Intake Fee: Unknown Sessions: Sliding Scale Fee Insurance: No	 Individuals, couples, family, children, teens Groups: A support group for loved ones who have been diagnosed with a serious illness, A skills-based program that offers a lifeline to families facing Borderline Personality Disorder, Coping with Crisis Workshop, Parenting, Women's group, Sexual abuse survivors 	No	By appointment	Updated 7/2019

Los Angeles LGBT Center 1625 N. Schrader Blvd., Hollywood, 90028 323-993-7500 Ext. #5 (financial screening appointment must be scheduled prior to scheduling counseling) www.lalgbtcenter.org	Intake Fee: Unknown Sessions: Sliding scale. (Mental Health services are free for people who live or work in West Hollywood.) Insurance: Most private insurance, Medi-Cal, Medicare, can bill many third-party payers.	Individuals, couples, family, coming out support, hate crime assistance, legal services, career support Groups: Freedom from smoking, Women's sexual abuse survivors, Selfempowerment for GBTQ Men, Anger Management, LGBT Healthy relationships, LGBT primary aggressors, Transgender support and empowerment, Trauma recovery, Inspiring hope coping skills, 12 step recovery groups	For current clients receiving therapy	M-F: 8am - 8pm Sat: 9am-5pm	Updated 7/2019
The Maple Counseling Center 9107 Wilshire Blvd., Lower Level, Beverly Hills, 90210 310-271-9999 www.tmcc.org	Intake Fee: \$65 (payable on payment plan) Sessions: sliding scale Insurance: PPO	 Individuals, couples, children, family Groups: Loss of parent, gay men's interpersonal, creating meninguful relationships, Queer Groups, sometimes a parenting group Languages: Spanish, Portuguese, Russian, Farsi, changes call to confirm 	For current clients receiving therapy	M-Th: 9am-8pm F: 9am-4pm Sat: 9am-2pm	Updated 7/2019
Mitchell Family Counseling Clinic @ Cal State Northridge 18111 Nordhoff St., Northridge, 91330 818-677-2568 www.csun.edu/education/mitchell-family-counseling-clinic	Intake Fee: Free phone intake Sessions: Sliding scale Insurance: No	Individual, couples, family, children Groups: Various call to confirm	No	By appointment weekdays, evenings & weekends.	Updated 7/2019
Neighborhood Counseling Center 5535 Balboa Blvd., Ste. 221, Encino, 91316 818-788-2738 www.nccencino.org	Intake Fee: Same as session Sessions: Sliding scale \$25- \$100 (\$40 avg) Insurance: Out-of- Network PPO	Individuals & couples, family, group Free help for gamblers or those affected by their gambling.	No	By appointment	Updated 7/2019

The Ness Counseling Center 8512 Whitworth Dr., Los Angeles, 90035 866-843-6377or 310-360-8512 www.thenesscenter.org	Intake Fee: No Charge Sessions: Sliding scale: \$65-\$185 Insurance: Out-of- Network PPO benefits — will verify benefits for no	Individual, couples, family, drug & alcohol testing/ treatment, courtmandated services Groups: Parenting classes, domestic violence, anger management groups, eating disorders, drug and alcohol substance abuse, sexual offender (some groups also offered in Spanish Languages: Spanish	No	By appointment weekdays, evenings & Sundays.	Updated 7/2019
Open Paths Counseling Center 5731 W. Slauson Ave., Ste. 175, Los Angeles, 90230 310-258-9677 www.openpaths.org	Intake Fee: \$20 Sessions: Sliding scale Insurance: No Another Way Intake: \$50 No sliding Scale Class Fee: \$25 Groups: \$15	Individuals, couples, and families Groups: Social anxiety support group, grief support group QTPALSS: A safe space for queer and trans people of color, court-approved parenting classes, Women's empowerment group, anger management classes, Batterer intervention programs [Check website for contact info for specific groups.] Languages: Spanish	No	By appointment	Updated 7/2019
The Relational Center 2717 S. Robertson Blvd., Los Angeles, 90034 323-935-1807 www.relationalcenter.org	Intake Fee: Unknown Sessions: Sliding scale for therapy \$25-\$75 Membership: \$60-\$260 per month Insurance: No	 Individuals, couples, family Groups: Not formal group therapy Other wellness services including: massage, yoga Languages: Spanish 	No	M-Th: 9am-9pm Sa-Su: 9am-5pm	Updated 7/2019
San Fernando Valley Counseling Center 16461 Sherman Way, #275, Van Nuys, CA 91406 818-341-1111 www.sfvcc.org	Intake Fee: \$25 (May increase) Sessions: Sliding scale Insurance: No	Individuals, couples, family, children Groups: Substance abuse, women's group, anxiety support, parenting classes. Call for updates Languages: Spanish	No	M-F: 9am-8pm Sa: 9am-3pm Sun: 9am-3pm No walk-ins. By appointment only	Updated 7/2019
The Saturday Center 3201 Wilshire Blvd., Ste. 201, Santa Monica, 90403 310-829-7997 www.saturdaycenter.org	Intake Fee: \$50 Sessions: Sliding Scale (\$40-100) Insurance: Out-of- Network PPO & Medicare	Individuals, couples, family, teens Groups: Interpersonal Processing Groups Languages: Farsi, call to confirm others	No	M-Sa: 9am – 9am No walk-ins. By appointment only	Updated 7/2019

Southern California Counseling Center 5615 W. Pico Blvd., Los Angeles, 90019 323-937-1344 www.sccc-la.org	Intake Fee: \$20 Sliding scale: \$16-91 Insurance: No	Individuals, couples, family, children EMDR Groups: Best practice parenting, teen violence prevention, LGBTQI youth, community mindfulness and compassion, the abuse prevention program (TAPP), rage resolution, personal and relationship support, women in transition, senior support group	For current clients receiving therapy	Walk-in intakes for individual counseling available: M-Th: 6-8pm Sat: 12-2pm	Updated 7/2019
Spanish Speaking Psychosocial Clinic - UCLA 300 Medical Plaza, #2232, Los Angeles, 90095 (310) 825-6501 https://www.semel.ucla.edu/psychiatry/service/spanish-speaking-psychosocial-clinic	Intake Fee: No Sessions: sliding scale Insurance: Yes	• Individuals, couples, family (Though the SSPC patient population comprises all levels of acculturation, most are primarily Spanish speaking or bilingual.)	Yes, must be in treatment with their therapist on a weekly basis	M-F: 8am-5pm (October – June)	Updated 7/2019
UCLA Psychology Clinic 2191 Franz Hall, UCLA Campus Los Angeles, 90095 310-825-2305 www.psych.ucla.edu/center-and-programs/clinic	Intake Fee:\$40 Sessions: sliding scale, \$30-\$150 and hour Group fees: \$5- \$10/session Current UCLA students, faculty, staff get 10% off Insurance: No	Individuals, couples, family, children, sliding scale neuropsychological assessments (\$400-\$900) Groups: Dialectical Behavior Therapy for difficulties with emotions or relationships; Cognitive Behavioral Therapy for depression & anxiety, a social skills Friendship Training group for children in elementary and middle school.	Referral to consulting psychiatrist offsite.	M-Th: 8am-7pmF: 8am-5pm	Updated 7/2019
Watts Counseling & Learning Center 1465 E. 103rd St., Los Angeles, 90002 323-564-7911 http://community.kp.org/be-informed/program/watts-counseling-and-learning-center	Intake Fee: Unknown Sessions: Free, Kaiser membership not required Insurance: No	 Individuals, marital, family, parent-child Groups: varies, call to confirm specific focus Languages: Spanish 	No	Intake by phone. M and F: 7am-6pm T, W, Th: 7-7 Sa: 7:30am-3pm	Updated 7/2019

West Los Angeles Community Counseling Center, part of the Pepperdine Community Counseling Center Center (Located in Howard Hughes Center in West LA) 6100 Center Dr., Ste. 559, Los Angeles, 90045 310-568-5752 http://gsep.pepperdine.edu/about/clinics/west-losangeles	Intake Fee: \$25 Sessions: Sliding scale (between \$15-\$90) Initial Intake Fee: \$25 Insurance: No	 Individual, couples, family, stress management, vocational counseling, educational therapy, psychological assessment (for clients receiving therapy) Groups: varies, call to confirm specific focus Languages: Spanish 	No	By appointment	Updated 7/2019
Women's Clinic & Family Counseling Center 11500 W. Olympic Blvd., Ste. 422, Los Angeles, 90064 310-479-7100 x103 www.womens-clinic.org	Intake Fee: Unknown Sessions: Sliding scale Insurance: No. But they provide superbills.	 Individual (18+), couples, adult family Groups: varies, call to confirm specific focus 	No	M – Sa by appointment only	Updated 7/2019
Wright Institute Los Angeles 11845 West Olympic Boulevard, Suite#505W, Los Angeles, CA 90064 424-371-5191 www.wila.org	Intake Fee: Free phone intake Sessions: Sliding scale \$40-\$105 Insurance: No. But they provide superbills.	 Individuals (18+), couples, adult family Groups: Voices of Warriors (women's support group), Safe Space (specifically sexual assault in the movie industry). Other options but call to confirm. 	Referral to consulting psychiatrist	M-Th: 8am-8pm F: 8am-5pm	Updated 7/2019