



Go green

Sign up for paperless communications today

Sign up on the **SydneySM Health** app or anthem.com/ca to see your claims and explanation of benefits (EOBs) right from your phone or laptop instead of waiting for them in the mail. You'll get instant access to all your claims information, including:

- The amount your doctor, hospital, or other healthcare professional charged
- The amount we paid
- The amount you have to pay out of pocket

You can either log in to the **Sydney Health** app, then choose **Claims**, or log in to anthem.com/ca and choose **Claims** under *Claims & Payments*.

Do you have questions? Live chat with us on **Sydney Health** or anthem.com/ca. Or call the Member Services number on your ID card.

How to switch



On Sydney Health

1. Log in and select **Profile** under the *Menu* tab and choose **Profile Menu**.
2. Under *My Account*, pick *Communication & Settings*, and select **Plan Communications Settings**.
3. Choose **On** to get benefit updates, EOBs, and other helpful information.



On anthem.com/ca

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Scan this QR code with your phone's camera to download the **Sydney Health** app

Sydney Health is offered through an arrangement with Cerebral Digital Platforms, a separate company offering mobile application services on behalf of your health plan. ©2024 The Virtual Primary Care experience is offered through an arrangement with Hydrogen Health.

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