

**CAPS REFERRAL INSTRUCTIONS FOR ATHLETES SEEKING
ATTENTION DEFICIT/HYPERACTIVITY DISORDER (ADHD) TREATMENT**

BEFORE the student presents at CAPS for brief screen	Athletics Learning Specialists/staff should help the student to gather the ADHD checklist materials (see below) and instruct the student to present to CAPS for an Athletics Brief Screen. <i>* Reminder: this brief screen is not a formal CAPS appointment. It is designed to facilitate referral to appropriate services</i>
If a student has NO ADHD diagnosis/formal testing and/or paperwork	Student will be instructed by the Athletics Brief Screen clinician on how to follow through with ADHD diagnostic process
Students with FORMAL testing and completed CAPS ADHD diagnostic paperwork	<ul style="list-style-type: none"> • ADHD paperwork will be reviewed by a Brief Screen clinician to determine clinically appropriate treatment and to ensure the Athletics ADHD checklist is complete. • Students will likely be scheduled for an ADHD Clinic intake at CAPS with a CAPS at Athletics team members, if appropriate. This should expedite referral into ADHD psychotherapy and psychiatry treatment if warranted. • <i>If ADHD paperwork appears insufficient or incomplete, or other clinician issues seem more pressing, other options may be recommended to the student.</i>

Check List Item	To Be Completed <u>prior</u> to Athletics Brief Screen	Completed
ADHD Testing Report	Must be given to the Athletics brief screen clinician during the brief screen.	
CAPS Collateral Form(s)	Available online at www.counseling.ucla.edu To be completed per instructions on the form.	
CAPS Authorization to Release or Exchange Information (ROI) Form	Available online at www.counseling.ucla.edu Provides authorization for CAPS to consult w/ the test report author or other treatment provider to assist in the ADHD diagnostic process.	
Stimulant Clearance Form	To be completed by student athlete's physician.	

Further Information

<ul style="list-style-type: none"> • The clinician or counselor who completes the ADHD evaluation will be the student's primary CAPS contact for the full evaluation and continued treatment needs. • It may be recommended that the student follow up with all recommended medical care. • Students who meet criteria for ADHD and want medication will be referred for a routine CAPS psychiatry evaluation, unless other urgent treatment issues are present. • In some cases, students may not meet criteria for ADHD, even after formal testing has occurred, but may be struggling with other conditions or concerns. The CAPS counselor working with the student-athlete will discuss all conditions and/or diagnoses and treatment recommendations with the individual student. • CAPS works with Mark Pocinich to manage NCAA documentation for student-athletes with stimulants prescribed for treatment of ADHD. • Students may be referred to the <i>Finding Focus</i> treatment group at CAPS for additional support with academics concerns. • Consider a referral to the Office for Students with Disabilities for academic accommodations.
