

Sliding Scale Counseling Centers

Clinic Listing by Neighborhood

Westwood/Campus Adjacent

- Spanish Speaking Psychosocial Clinic – UCLA
- UCLA Psychology Clinic*

Santa Monica

- Family Service of Santa Monica*

Culver City/West LA/Marina Del Rey

- Colors LGBTQ Youth Counseling Center
- Open Paths Counseling Center

Beverly Hills/Century City

- Wright Institute Los Angeles

Inglewood/Westchester

- Airport Marina Counseling Service*

Mile/Mid-City

- Jewish Family Services
- The Maple Counseling Center*
- The Ness Counseling Center
- The Relational Center
- Southern California Counseling Center

West Hollywood/Silver Lake

- Los Angeles LBGT Center*

Burbank

- Family Service Agency of Burbank

Pasadena/San Gabriel Valley

- Foothill Family Service* (ONLY MEDI-CAL)
- Fuller Psychological & Family Services

San Fernando Valley – North

- Counseling West
- Hillview Mental Health Center, Inc.*

San Fernando Valley – East (of 405 Fwy)

- The Center for Individual & Family Counseling

San Fernando Valley – West (of 405 Fwy)

- Neighborhood Counseling Center
- Watts Counseling & Learning Center

Orange County

- Living Success Center

Name / Contact Info	Fees/ Insurance	Services (Groups, Other Programs, Other Languages)	Psychiatry	Hours
<p>Airport Marina Counseling Service 7891 La Tijera Blvd., Los Angeles, 90045 310-670-1410 https://www.amcsheps.com/</p> <p>**updated 8.2025</p>	<p>Intake Fee: \$30 Sessions: Sliding Scale based on income Group: \$15 Insurance: N/A</p>	<ul style="list-style-type: none"> • Therapy Services: Individual therapy, couples counseling, case management, family therapy, group therapy, Hannon immediate intervention program, LGBTQIA Center, building healthy families collaborative, and at-risk kids program • Groups: LGBTQIA+ Process Group, Women's Process Group, Emerging Adults- Navigating your 20s, Grief Support Group, Fire Victims Group • Languages: Spanish 	<p>For current clients; requires minimum of 5 therapy visits before referral.</p>	<p>M: 9AM-9PM T: 9AM-9PM W: 9AM-9PM Th: 9AM-5PM (6PM-9PM telehealth only) F: 9AM-3PM Sa: 9AM-3PM Su: 9AM-3PM</p> <p>In Person & Telehealth</p>

<p>The Center for Individual & Family Counseling</p> <p>5445 Laurel Canyon Blvd., North Hollywood, 91607 818-761-2227 x707 https://www.thecenterpro.org/</p> <p>Email: telehealth@thecenterpro.org</p> <p>**updated 6.2025</p>	<p>Intake: \$40 Session: sliding scale \$40-\$125 (Couples/Family starts at \$55) Insurance: No. But they provide superbills.</p>	<p>• Therapy Services: Individuals, Couples, Families, Children & Adolescents: Anxiety & Depression; Trauma, Personal Relationships, Pre-marital Counseling; Separation & Divorce; Sobriety Relapse Prevention; Eating Disorders Relapse Prevention; Grief & Loss; LGBTQIA / Sexuality, Abuse / Survivors of Abuse; Co-Dependency; Life Stage Related Issues; Co-dependency; Interpersonal Relationship Issues; Co-parenting; DCFS/Court Mandated Cases. • Groups: N/A • Additional Languages: Spanish</p>	<p>No</p>	<p>M-Th: 9am-9pm F-Su: 9am-5pm</p> <p>Telehealth and In-person</p>
<p>Colors LGBTQ+ Youth Outreach Program</p> <p>located at Antioch University Los Angeles 400 Corporate Pointe Culver City, 90230 Intake phone: 310-574-2813 x3580 Intake email: colors.aula@antioch.edu</p> <p>www.colorsyouth.org</p> <p>**updated 7.2025</p>	<p>Intake Fee: Unknown Sessions: Free Insurance: No</p>	<p>• Telehealth only Therapy Services: For youth under 25 and their families. Individuals, couples, and family therapy.</p>	<p>No</p>	<p>M, W, Th by appointment</p>

<p>Family Service Agency of Burbank 2721 W. Burbank Blvd., Burbank, 91505 818-845-7671 www.familyserviceagencyofburbank.org</p> <p>**updated 7.2025</p>	<p>Intake Fee: fee varies Sessions: Sliding scale varies Insurance: No</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, child and adolescent therapy, couples therapy, family therapy, group therapy. • Other Services: Transitional Housing for families fleeing domestic violence, homeless families and homeless youth; Parenting Classes & Community Education; Family Violence Program to Survivors; Coming Home Military Outreach Program; Art, Play and Sound Therapy; Monitored Visitation & Safe Exchange; Batterer's Intervention Program; Anger Management; and Couples Domestic Violence Counseling. • Groups: varies, call to confirm specific focus • Additional Languages: Spanish, Armenian 	No	M-F: 9am - 7pm
<p>Family Service of Santa Monica 1533 Euclid St, Santa Monica, 90404 310-451-9747 https://www.vistadelmar.org/services/mental-health-and-wellness/</p> <p>**updated 7.2025</p>	<p>Intake Fee: None Sessions: Sliding scale \$50-\$344 Insurance: Offers superbills. Medi-cal for those up to 25</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, family, and couple • Additional Languages: Spanish 	No	M-Th: 9am-7pm F: 9am-4pm
<p>NO more sliding scale ONLY Medi-Cal</p> <p>Foothill Family Service Multiple locations: Pasadena, El Monte, Covina, Duarte 626-993-3000 www.foothillfamily.org</p> <p>** updated 8.25</p>	<p>Insurance: Medi-Cal (up to age 25)</p>	<ul style="list-style-type: none"> • Therapy Services: children and collateral • Court Ordered support groups: Parenting, domestic violence • Additional Languages: Spanish, Cantonese, and Mandarin 	For clients minors w/ Medi-Cal up to 25	M-F: Hours vary by location

<p>Fuller Psychological & Family Services 180 North Oakland Ave., Pasadena, 91101 626-584-5555 http://fuller.edu/fuller-psychological-and-family-services/</p> <p>**updated 8.2025</p>	<p>Intake Fee: None Sessions: Sliding Scale: \$45-\$165 Neuropsychological testing: \$3,500 Adult / Child ADHD/Educational Assessment: \$2,500 Insurance: No</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, family, children, premarital counseling, group, neuropsychological testing • Does not directly treat bipolar disorders, eating disorders, or substance-related and addictive disorders • Groups: Grief groups <p>Additional Language: Korean, Mandarin and Spanish</p>	No	<p>M-Th: 8am-9pm F: 8am-5pm</p>
<p>Hillview Mental Health Center, Inc. 12450 Van Nuys Blvd., Ste. 200 Pacoima, 91331 818-896-1161 www.hillviewmhc.org</p> <p>**updated: 7.2025</p>	<p>Intake Fee: Would need to be a client prior to receiving therapy. Sessions: Sliding scale Insurance: Medi-Cal, no private insurance, no HMOs</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals • Groups • Case Management • Additional Language: Spanish 	For current clients receiving therapy	M- F: 9am-5:15pm
<p>Jewish Family Service of Los Angeles Multiple locations: LA, San Fernando Valley (818) 432-5025 or (877) 275-4537 https://www.jfsla.org/our-services/mental-health/ <i>(Do not need to be Jewish to access services)</i> Email: services@jfsla.org</p> <p>**updated: 7.2025</p>	<p>Intake Fee: Unknown Sessions: Sliding scale. Insurance: Individuals must live within Los Angeles County. Individuals with MediCal, Medicare/MediCal and low income with no insurance are eligible.</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals (18+) • Other Services: Pregnancy and postpartum support, domestic violence counseling and support, Jewish community counseling, early childhood program, specialized needs life skills. • Groups: Domestic Violence Support, New Moms connect, New Dads Connect, Pregnancy Support, Jewish Community Support • Additional Languages: Spanish, Russian, Farsi, and Hebrew. 	For current clients receiving therapy	M-Th: 8:30am-5:00pm.

<p>Living Success Center Multiple locations: Santa Ana, Carlsbad 1560 Brookhollow Suite 216, Santa Ana, CA 92705 949-645-4723 www.livingsuccesscenter.org Email: contact@livingsuccesscenter.org</p> <p style="text-align: right;">**updated: 7.2025</p>	<p>Intake Fee: Unknown Sessions: Sliding Scale Fee (if no insurance) Insurance: Health Net (MHN), Blue Shield, Cigna, Aetna, CA Victim Compensation Board, Tricare, Magellan Health</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, family, children, teens & adolescents • Groups: Healthy Social Media Interaction, Trauma Yoga Series, Parenting Skills Class, Women's group 	<p>Low fee psychiatry services to current clients</p>	<p>By appointment</p>
<p>Los Angeles LGBT Center Multiple locations: Hollywood, Boyle Heights, Los Angeles 1625 N. Schrader Blvd., Hollywood, 90028-6213 323-993-7500 Ext. 3 https://lalgbtcenter.org/services/mental-health-psychiatry-services/</p> <p style="text-align: right;">**updated: 7.2025</p>	<p>Intake Fee: Unknown Sessions: Sliding scale. (financial screening appointment must be scheduled prior to scheduling counseling) Insurance: Most private insurance, Medi-Cal, Medicare, can bill many third-party payers.</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, family • Other services: coming out support, hate crime assistance, legal services, career support, and programs to combat substance abuse. • Groups: Freedom from smoking, Self-empowerment for LGBTQ Men, HIV over 50, Anger Management, LGBT Healthy relationships, LGBT primary aggressors, Transgender support and empowerment, Trauma recovery <p>Additional Languages: Spanish</p>	<p>For current clients receiving therapy</p>	<p>M-F: 8am - 7pm</p>

<p>Maple Counseling 1945 South La Cienega Blvd. Los Angeles, CA 90034 310-271-9999 www.maple4counseling.org</p> <p>**updated: 8.2025</p>	<p>Intake Fee: \$35, free for some referrals and returning clients (Phone screen prior) Sessions: sliding scale up to \$100 Insurance: N/A</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, children & adolescents, family, Older Adults • Other Services: Parent Education Series, School based services, Community circle. • Groups: Creating Meaningful Relationships, Gay Men, Queer Space, for other groups vary, call to confirm specific focus. Additional Languages: Call to confirm 	<p>No, but call for referral service</p>	<p>M - 11am-9pm Tu 9am- 9pm Wed 9am-7pm Th 11am-7pm Fri 9am-5pm Sat: 9am-2pm – virtual sessions</p>
<p>Neighborhood Counseling Center 5535 Balboa Blvd., Ste. 221, Encino, 91316 818-788-2738 www.nccencino.org Email: NCCEncino@gmail.com</p> <p>**updated: 8.2025</p>	<p>Intake Fee: Same as session fee, no separate fee Sessions: Sliding scale Insurance: No</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, family Other Services: Free help for gamblers or those affected by their gambling. 	<p>No</p>	<p>By appointment</p>
<p>The Ness Counseling Center 8512 Whitworth Dr., Los Angeles, 90035 866-843-6377or 310-360-8512 www.thenesscenter.org</p> <p>**updated 8.2025</p>	<p>Intake Fee: No Charge Sessions: Sliding scale Insurance: Out-of-Network PPO benefits – will verify benefits for no MediCal. Will provide statements for “out of network” reimbursement.</p>	<ul style="list-style-type: none"> • Therapy Services: • Other Services: Domestic Violence Services, Anger Management, Parenting Intensive Outpatient, PHP program, Drug & Alcohol, Sexual Addictions, Monitored Visitation, Drug Testing, Assessments. • Groups: Call to confirm topics • Additional Languages: Spanish 	<p>No</p>	<p>M-Th : 9am-5pm Fri : 9 am -3 pm Sat : closed Sun : 9 am -2 pm</p>

<p>Open Paths Counseling Center 301 North Prairie Ave, Suite 510. Inglewood, CA 90301 310-258-9677 www.openpaths.org</p> <p>**updated: 8.2025</p>	<p>Intake Fee: Sliding Scale Sessions: Sliding scale Insurance: No Groups: All virtual except the Transgender Binary Support Group, call for fee</p>	<ul style="list-style-type: none"> • Therapy Services: Individual, marital, child and family, LGBTQIA therapy & support, EMDR • Groups: Social Anxiety Support Group, Court- Approved Parenting Classes, Women's Empowerment Group, Anger Management Classes [Check website for contact info for specific groups.] • Additional Languages: Spanish 	No	By appointment
<p>The Relational Center 2717 S. Robertson Blvd., Los Angeles, 90034 323-935-1807 www.relationalcenter.org www.connect@relationalcenter.org</p> <p>**updated 8.2025</p>	<p>Intake Fee: None Sessions: Fee is based on sliding scale, sliding scale starts at \$30 per session or \$90 per month. Insurance: No</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, family, and families of choice. • Groups: varies, call to confirm specific focus or see website • Other Services: Wellness classes • Additional Languages: Spanish 	No	By appointment only. No Walk-Ins at this time.
<p>Southern California Counseling Center 5615 W. Pico Blvd., Los Angeles, 90019 323-937-1344 www.sccc-la.org</p> <p>**updated 8.2025</p>	<p>Intake Fee: \$20 Sliding scale: \$16-91, average fee is \$15-\$25 Insurance: Medi-Cal with LA Care, Caredon Behavioral Health PPO</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, family, children • EMDR • Groups: Best practice parenting, Youth Empowerment & Enrichment, LGBTQI Youth, Community Mindfulness and Compassion, The Abuse Prevention program (TAPP), Stress Navigation & Anger Management, Personal and Relationship Support, Women in Transition, Senior Support Group Languages: Spanish, call to confirm others 	No	M-Th : 10am-8pm Fri : 10 am -2 pm Sat : 10 am -2 pm Intakes for counseling by appointment made by client.

<p>Spanish Speaking Psychosocial Clinic – UCLA</p> <p>300 Medical Plaza, #1200, Los Angeles, 90095 (310) 825-6501 https://www.semel.ucla.edu/psychiatry/service/spanish-speaking-psychosocial-clinic</p> <p>**updated: 8.2025</p>	<p>Intake Fee: No Sessions: Each case is determined individually Insurance: Yes</p>	<p>• Therapy Services: Individuals, couples, family (Though the SSPC patient population comprises all levels of acculturation, most are primarily Spanish speaking or bilingual.)</p>	<p>Yes, must be in treatment with their therapist on a weekly basis</p>	<p>M, W, Th: 8am - 5pm</p>
<p>UCLA Psychology Clinic 2191 Franz Hall, UCLA Campus Los Angeles, 90095 310-825-2305 www.psych.ucla.edu/center-and-programs/clinic Email: ucla@psychclinic.hush.com</p> <p>** updated 8.2025</p>	<p>Intake Fee: \$40 (Therapy) Sessions: sliding scale \$30-\$150 / session (weekly) Group fees: \$5/session Assessments : \$490-\$1725 Insurance: No Waitlist: 3 months – 2 years, call for additional info</p>	<p>• Available Programs: Individuals (adult & children), Couples, Full DBT program (includes individual, group and phone sessions), DBT group (only for those enrolled in Full DBT), ACT group for transitional youth (age 18-25) • Assessments: Adult & Children. Learning disabilities, behavioral and school problems, personality assessment, neuropsychological assessment, attention / concentration problems</p>	<p>Referral to consulting psychiatrist off-site.</p>	<p>M-Th: 8am-7pm F: 8am-5pm</p>
<p>Watts Counseling & Learning Center 1465 E. 103rd St., Los Angeles, 90002 323-564-7911 http://community.kp.org/be-informed/program/watts-counseling-and-learning-center Email: info-watts@kp.org</p> <p>**updated: 8.2025</p>	<p>Intake Fee: Free Sessions: Free Insurance: No</p>	<p>• Therapy Services: Individuals, marital, family, parent-child • Groups: varies, call to confirm specific focus Languages: Spanish</p>	<p>No</p>	<p>Intake by phone. M - F: 8am-6pm Sat: 8am-3pm</p>

<p>Wright Institute Los Angeles 11845 West Olympic Boulevard, Suite #505W, Los Angeles, CA 90064 424-371-5191 www.wila.org Email: info@wila.org</p> <p>**updated: 8.2025</p>	<p>Intake Fee: Free phone intake Sessions: Sliding scale Insurance: No. But they provide superbills.</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples • Groups: Voices of Warriors (female survivors of trauma and abuse support group), Safe Space (specifically sexual trauma). Other options but call to confirm. Individual therapy prior to starting groups. 	<p>No</p>	<p>M-Th: 8am-9pm F: 8am-5pm By Appointment only</p>
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