**Sliding Scale Counseling Centers**

- All agencies offer Individual Adult Counseling Services
- * Next to clinic name on this page indicates psychiatry services available. Note that most agencies that have psychiatry ONLY do so with simultaneous psychotherapy.
- Clinics may have considerable wait-times for initial appointments (aka Intakes); Call to confirm.
- This form is updated bi-annually. Please note that information may have changed. Please call or visit their website for most accurate information.

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### Clinic Listing by Neighborhood

#### Westwood/Campus Adjacent
- Spanish Speaking Psychosocial Clinic – UCLA
- UCLA Psychology Clinic*

#### Santa Monica
- Family Service of Santa Monica*
- The Saturday Center

#### Culver City/West LA/Marina Del Rey
- Antioch University Counseling Center
- Colors LGBTQ Youth Counseling Center
- Open Paths Counseling Center
- Women’s Clinic & Family Counseling Center

#### Beverly Hills/Century City
- The Maple Counseling Center*
- Wright Institute Los Angeles

#### Inglewood/Westchester
- Pepperdine Community Counseling Center
- Airport Marina Counseling Service*

#### Mile/Mid-City
- Jewish Family Services
- The Ness Counseling Center
- The Relational Center
- Southern California Counseling Center

#### West Hollywood/Silver Lake
- Los Angeles LBGT Center*

#### Burbank
- Family Service Agency of Burbank

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#### Pasadena/San Gabriel Valley
- Foothill Family Service*
- Fuller Psychological & Family Services

#### San Fernando Valley – North
- Counseling West
- Hillview Mental Health Center, Inc.*
- Mitchell Family Counseling Clinic (@ CSUN)
- San Fernando Valley Counseling Center

#### San Fernando Valley – East (of 405 Fwy)
- The Center for Individual & Family Counseling

#### San Fernando Valley – West (of 405 Fwy)
- Encino Community Counseling Center/Pepperdine
- Neighborhood Counseling Center
- Philips Graduate Institute Counseling Center
- South Central
- Watts Counseling & Learning Center

#### Orange County
- Living Success Center
<table>
<thead>
<tr>
<th>Name / Contact Info</th>
<th>Fees/ Insurance</th>
<th>Services (Groups, Other Programs, Other Languages)</th>
<th>Psychiatry</th>
<th>Hours</th>
</tr>
</thead>
</table>
| **Airport Marina Counseling Service**                    | Intake Fee: $30  
Session: Sliding Scale $15-$90  
Insurance: N/A                | • Individuals, couples, case management, family, children, group, Hannon immediate intervention program, LGBTQA Center  
• **Groups**: Court-approved Parenting class, Anxiety, Anger management for Youth, Men's, Women in transition, Couples | For current clients; requires minimum of 5 therapy visits before referral. | M-Th: 9am-9pm  
F-Su: 9am-3pm                                      |
| La Tijera Blvd., Los Angeles, 90045  
310-670-1410 7891  
www.airportmarina.org                                      |                                                                                  |                                                                                                                         |                                                                           |                                            |
| **Antioch University Counseling Center**                  | Intake Fee: Unknown  
Session: Sliding scale: $20-$85  
Insurance: The center does not take private insurance, some staff accept private insurance, No Medi-Cal or Medicare. | • Individuals, family, children, services for court-mandated clients. International and LGBT counseling programs.  
• **Groups**: call to confirm specific focus  
• **Languages**: Call to confirm. English, Farsi, Hebrew, Russian and French | No                                                                        | M-F: 8am-9pm  
Sat: 8am-6pm  
Sun: 8am-4pm                    |
| 400 Corporate Pointe, Culver City, 90230  
310-574-2813 x366  
https://www.antioch.edu/los-angeles/resources/community-resources/au-counseling-center/ |                                                                                  |                                                                                                                         |                                                                           |                                            |
| **The Center for Individual & Family Counseling**         | Intake: $40  
Session: sliding scale $40-$130  
Insurance: No                   | • Individuals, couples, family, children, adolescents  
• **Groups**: N/A  
• **Languages**: Spanish, Farsi, | No                                                                        | M-Th: 9am-9pm  
F-Su: 9am-5pm                                      |
| 5445 Laurel Canyon Blvd., North Hollywood, 91607  
818-761-2227 x707  
https://www.thecenterpro.org/services                      |                                                                                  |                                                                                                                         |                                                                           |                                            |
| **Colors LGBTQ Youth Counseling Center**                  | Intake Fee: Unknown  
Sessions: Free  
Insurance: No                                          | • For youth under 25 and their families  
• Individuals, couples, family, and group counseling  
• **Groups**: Call to confirm specific focus  
• **Languages**: Armenian, German, French, Farsi, Hebrew, Spanish, Cantonese, and American Sign Language | No                                                                        | 7 days a week, by appointment               |
| located at Antioch University Los Angeles  
400 Corporate Pointe Culver City, 90230  
310-574-2813 ext. 366  
www.colorsyouth.org                                        |                                                                                  |                                                                                                                         |                                                                           |                                            |
| **Counseling West**                                      | Intake Fee: $40  
Session: sliding scale $40+$40  
Insurance: No                        | • Individuals, couples, family, children, psychological testing  
• **Groups**: Call to confirm specific focus  
• **Languages**: Armenian, German, French, Farsi, Hebrew, Spanish, Cantonese, and American Sign Language | No                                                                        | M-F: 8am-9pm  
Sat: 8am-6pm                   |
| 4419 Van Nuys Blvd., Ste. 310  
Sherman Oaks, CA 91403  
818-990-9898  
www.counselingwest.com                                     |                                                                                  |                                                                                                                         |                                                                           |                                            |

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<table>
<thead>
<tr>
<th>Center</th>
<th>Intake Fee:</th>
<th>Sessions:</th>
<th>Insurance:</th>
<th>Focus</th>
<th>M-F: Hours</th>
<th>Updated</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>David H. Fox Counseling Center</strong> (formerly known as Phillips Graduate University Counseling Center)</td>
<td>$25</td>
<td>Sliding scale $15-$90</td>
<td>No</td>
<td>Individuals, couples, adolescents, Groups: They provide a list of groups in the community</td>
<td>By appointment</td>
<td>7/2019</td>
</tr>
<tr>
<td>19900 Plummer St., Chatsworth, 91311 818-386-5615 <a href="https://www.pgu.edu/counseling-services.html">https://www.pgu.edu/counseling-services.html</a></td>
<td>Unknown</td>
<td>Sliding scale</td>
<td>Unknown</td>
<td>Individuals, couples, family, children, Groups: varies, call to confirm specific focus</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Encino Community Counseling Center</strong> (of Pepperdine University)</td>
<td>$30</td>
<td>Sliding scale $35-$177</td>
<td>Tricare, Molina, Medi-cal (up to age 21.5)</td>
<td>For minors w/ Medi-Cal</td>
<td>M-F: Hours vary by location</td>
<td>7/2019</td>
</tr>
<tr>
<td>16830 Ventura Blvd., Ste 216, Encino, 91436 818-501-1678 <a href="http://gsep.pepperdine.edu/about/clinics/encino">http://gsep.pepperdine.edu/about/clinics/encino</a> (4-6 week waitlist as of April 2019)</td>
<td>Unknown</td>
<td>Sliding scale</td>
<td>Unknown</td>
<td>Individuals, couples, family, children, Groups: varies, call to confirm specific focus</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Family Service Agency of Burbank</strong></td>
<td>$80</td>
<td>Sliding scale $40-$170</td>
<td>Medi-Cal for minors</td>
<td>For current clients receiving therapy</td>
<td>M-Th: 9am-8pm F: 9am-4pm</td>
<td>7/2019</td>
</tr>
<tr>
<td>2721 W. Burbank Blvd., Burbank, 91505 818-845-7671</td>
<td>Unknown</td>
<td>Sliding scale</td>
<td>Unknown</td>
<td>Individuals (up to age 25) individual, couples, children, Groups: varies, call to confirm specific focus</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Family Service of Santa Monica</strong></td>
<td>Unknown</td>
<td>Sliding scale</td>
<td>Unknown</td>
<td>Individuals, couples, family, children, Groups: Parenting, domestic violence, Languages: Spanish</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1533 Euclid St, Santa Monica, 90403 310-451-9747</td>
<td>Unknown</td>
<td>Sliding scale</td>
<td>Unknown</td>
<td>Individuals, couples, family, children, Groups: Parenting, domestic violence, Languages: Spanish</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Foothill Family Service</strong></td>
<td>Unknown</td>
<td>Sliding scale</td>
<td>Unknown</td>
<td>Individuals, couples, family, children, Groups: Parenting, domestic violence, Languages: Spanish</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Multiple locations: Pasadena, El Monte, W. Covina, Duarte 626-993-3000</td>
<td>Unknown</td>
<td>Sliding scale</td>
<td>Unknown</td>
<td>Individuals, couples, family, children, Groups: Parenting, domestic violence, Languages: Spanish</td>
<td></td>
<td></td>
</tr>
<tr>
<td><a href="http://www.foothillfamily.org">www.foothillfamily.org</a></td>
<td>Unknown</td>
<td>Sliding scale</td>
<td>Unknown</td>
<td>Individuals, couples, family, children, Groups: Parenting, domestic violence, Languages: Spanish</td>
<td></td>
<td></td>
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<table>
<thead>
<tr>
<th>Provider</th>
<th>Address</th>
<th>Intake Fee</th>
<th>Sessions</th>
<th>Insurance</th>
<th>Groups</th>
<th>Contact Information</th>
<th>Updates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fuller Psychological &amp; Family Services</td>
<td>180 North Oakland Ave., Pasadena, 91101 626-584-555 <a href="http://fuller.edu/fuller-psychological-and-family-services/">http://fuller.edu/fuller-psychological-and-family-services/</a></td>
<td>Unknown</td>
<td>Sliding Scale</td>
<td>No</td>
<td>• Individuals, couples, family, children, premarital counseling, group neuropsychological testing, Does not directly treat bipolar disorders, eating disorders, or substance-related and addictive disorders • Groups: call to confirm specific focus</td>
<td>No M-Th: 8am-9pm F: 8am-5pm</td>
<td>Updated 7/2019</td>
</tr>
<tr>
<td>Hillview Mental Health Center, Inc.</td>
<td>12450 Van Nuys Blvd., Ste. 200 Pacoima, 91331 818-896-1161 <a href="http://www.hillviewmhc.org">www.hillviewmhc.org</a></td>
<td>No for Medical</td>
<td>Sliding scale</td>
<td>Medi-Cal only</td>
<td>• Individuals, medication management, case management • Groups: varies, call to confirm specific focus • Language: Spanish</td>
<td>For current clients receiving therapy M- F: 9am-5:30pm</td>
<td>Updated 7/2019</td>
</tr>
<tr>
<td>Jewish Family Service of Los Angeles</td>
<td>Multiple locations: LA, San Fernando Valley 877-275-4537 Central Access 310-247-0864 Pico Robertson Family Resource Center <a href="http://www.jfsla.org">www.jfsla.org</a> (Do not need to be Jewish to access services)</td>
<td>Unknown</td>
<td>Sliding Scale</td>
<td>Some private insurance</td>
<td>• Individuals, children, family • Other services: • Addiction &amp; Prevention Program (310-247-1180) or 626-577-7729. • 24 Hour Crisis Hotlines in English and Spanish (818) 505-0900 or (323) 681-2626 • Groups: varies, call to confirm specific focus • Languages: Farsi, Russian, Hebrew, Farsi, and Spanish</td>
<td>No M-Th: 8:30am-5:00pm</td>
<td>Updated 7/2019</td>
</tr>
<tr>
<td>Living Success Center</td>
<td>445 E. 17th St., Suites D-E 23193 Costa Mesa, 92627 949-645-4723 <a href="http://www.livingsuccesscenter.org">www.livingsuccesscenter.org</a></td>
<td>Unknown</td>
<td>Sliding Scale Fee</td>
<td>No</td>
<td>• Individuals, couples, family, children, teens • Groups: A support group for loved ones who have been diagnosed with a serious illness, A skills-based program that offers a lifeline to families facing Borderline Personality Disorder, Coping with Crisis Workshop, Parenting, Women's group, Sexual abuse survivors</td>
<td>No By appointment</td>
<td>Updated 7/2019</td>
</tr>
</tbody>
</table>

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| **Los Angeles LGBT Center** | Intake Fee: Unknown  
**Sessions:** Sliding scale. (Mental Health services are free for people who live or work in West Hollywood.)  
**Insurance:** Most private insurance, Medi-Cal, Medicare, can bill many third-party payers. | • Individuals, couples, family, coming out support, hate crime assistance, legal services, career support  
• **Groups:** Freedom from smoking, Women's sexual abuse survivors, Self-empowerment for GBTQ Men, Anger Management, LGBT Healthy relationships, LGBT primary aggressors, Transgender support and empowerment, Trauma recovery, Inspiring hope coping skills, 12 step recovery groups | For current clients receiving therapy  
M-F: 8am - 8pm  
Sat: 9am-5pm | Updated 7/2019 |
| **The Maple Counseling Center** | Intake Fee: $65 (payable on payment plan)  
**Sessions:** Sliding scale  
**Insurance:** PPO | • Individuals, couples, children, family  
• **Groups:** Loss of parent, gay men's interpersonal, creating meaningful relationships, Queer Groups, sometimes a parenting group  
• **Languages:** Spanish, Portuguese, Russian, Farsi, changes call to confirm | For current clients receiving therapy  
M-Th: 9am-8pm  
F: 9am-4pm  
Sat: 9am-2pm | Updated 7/2019 |
| **Mitchell Family Counseling Clinic @ Cal State Northridge** | Intake Fee: Free phone intake  
**Sessions:** Sliding scale  
**Insurance:** No | • Individual, couples, family, children  
• **Groups:** Various call to confirm | No  
By appointment weekdays, evenings & weekends. | Updated 7/2019 |
| **Neighborhood Counseling Center** | Intake Fee: Same as session  
**Sessions:** Sliding scale $25-$100 ($40 avg)  
**Insurance:** Out-of-Network PPO | • Individuals & couples, family, group  
• Free help for gamblers or those affected by their gambling. | No  
By appointment | Updated 7/2019 |
| **The Ness Counseling Center** | **Intake Fee:** No Charge  
**Sessions:** Sliding scale: $65-$185  
**Insurance:** Out-of-Network PPO benefits – will verify benefits for no  
  
**• Individual, couples, family, drug & alcohol testing/treatment, court-mandated services**  
  
**• Groups:** Parenting classes, domestic violence, anger management groups, eating disorders, drug and alcohol substance abuse, sexual offender (some groups also offered in Spanish)  
  
**• Languages:** Spanish  
  
No | By appointment weekdays, evenings & Sundays.  
  
**Open Paths Counseling Center** | **Intake Fee:** $20  
**Sessions:** Sliding scale  
**Insurance:** No  
  
**Another Way**  
Intake: $50  
No sliding scale  
Class Fee: $25  
Groups: $15  
  
**• Individuals, couples, and families**  
**• Groups:** Social anxiety support group, grief support group  
QTPALSS: A safe space for queer and trans people of color, court-approved parenting classes, Women’s empowerment group, anger management classes, Batterer intervention programs [Check website for contact info for specific groups.]  
  
**• Languages:** Spanish  
  
No | By appointment  
  
**The Relational Center** | **Intake Fee:** Unknown  
**Sessions:** Sliding scale for therapy $25-$75  
**Membership:** $60-$260 per month  
**Insurance:** No  
  
**• Individuals, couples, family**  
  
**• Groups:** Not formal group therapy  
**• Other wellness services including:** massage, yoga  
  
**• Languages:** Spanish  
  
No | M-Th: 9am-9pm  
Sa-Su: 9am-5pm  
  
**San Fernando Valley Counseling Center** | **Intake Fee:** $25 (May increase)  
**Sessions:** Sliding scale  
**Insurance:** No  
  
**• Individuals, couples, family, children**  
**• Groups:** Substance abuse, women’s group, anxiety support, parenting classes. Call for updates  
  
**• Languages:** Spanish  
  
No | M-F: 9am-8pm  
Sa: 9am-3pm  
Sun: 9am-3pm  
No walk-ins. By appointment only  
  
**The Saturday Center** | **Intake Fee:** $50  
**Sessions:** Sliding Scale ($40-100)  
**Insurance:** Out-of-Network PPO & Medicare  
  
**• Individuals, couples, family, teens**  
**• Groups:** Interpersonal Processing Groups  
  
**• Languages:** Farsi, call to confirm others  
  
No | M-Sa: 9am – 9am  
No walk-ins. By appointment only  

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<th>Groups:</th>
<th>Insurance:</th>
<th>For current clients receiving therapy</th>
<th>Walk-in intakes for individual counseling available:</th>
<th>Updated</th>
</tr>
</thead>
</table>
| Southern California Counseling Center        | $20         | Sliding scale: $16-91                         | • Individuals, couples, family, children  
• EMDR  
• Groups: Best practice parenting, teen violence prevention, LGBTQI youth, community mindfulness and compassion, the abuse prevention program (TAPP), rage resolution, personal and relationship support, women in transition, senior support group | No         |                                      | M-Th: 6-8pm, Sat: 12-2pm | 7/2019  |
| Spanish Speaking Psychosocial Clinic - UCLA | No          | sliding scale                                 | • Individuals, couples, family (Though the SSPC patient population comprises all levels of acculturation, most are primarily Spanish speaking or bilingual.) | Yes        | Yes, must be in treatment with their therapist on a weekly basis | M-F: 8am-5pm (October – June) | 7/2019  |
| UCLA Psychology Clinic                       | $40         | sliding scale, $30-$150 and hour              | • Individuals, couples, family, children, sliding scale neuropsychological assessments ($400-$900)  
• Groups: Dialectical Behavior Therapy for difficulties with emotions or relationships; Cognitive Behavioral Therapy for depression & anxiety, a social skills Friendship Training group for children in elementary and middle school. | No         | Referral to consulting psychiatrist off-site. | M-Th: 8am-7pmF: 8am-5pm | 7/2019  |
| Watts Counseling & Learning Center           | Unknown     | Free, Kaiser membership not required          | • Individuals, marital, family, parent-child  
• Groups: varies, call to confirm specific focus  
• Languages: Spanish | No         |                                      | Intake by phone. M and F: 7am-6pm, T, W, Th: 7-7 Sa: 7:30am-3pm | 7/2019  |

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| **West Los Angeles Community Counseling Center**, part of the Pepperdine Community Counseling Center | **Intake Fee:** $25  
**Sessions:** Sliding scale (between $15-$90)  
Initial Intake Fee: $25  
**Insurance:** No | **Individual, couples, family, stress management, vocational counseling, educational therapy, psychological assessment (for clients receiving therapy)**  
**Groups:** varies, call to confirm specific focus  
**Languages:** Spanish | No | By appointment | Updated 7/2019 |
| -- | -- | -- | -- | -- | -- |
| West Los Angeles Community Counseling Center, part of the Pepperdine Community Counseling Center (Located in Howard Hughes Center in West LA)  
6100 Center Dr., Ste. 559, Los Angeles, 90045  
310-568-5752  
http://gsep.pepperdine.edu/about/clinics/west-los-angeles | West Los Angeles Community Counseling Center | Intake Fee: Unknown  
**Sessions:** Sliding scale  
**Insurance:** No. But they provide superbills. | **Individual (18+), couples, adult family**  
**Groups:** varies, call to confirm specific focus | No | M – Sa by appointment only | Updated 7/2019 |
| Women's Clinic & Family Counseling Center  
11500 W. Olympic Blvd., Ste. 422, Los Angeles, 90064  
310-479-7100 x103  
www.womens-clinic.org | Women's Clinic & Family Counseling Center | Intake Fee: Free phone intake  
**Sessions:** Sliding scale $40-$105  
**Insurance:** No. But they provide superbills. | **Individuals (18+), couples, adult family**  
**Groups:** Voices of Warriors (women’s support group), Safe Space (specifically sexual assault in the movie industry). Other options but call to confirm. | Referral to consulting psychiatrist | M-Th: 8am-8pm  
F: 8am-5pm | Updated 7/2019 |
| Wright Institute Los Angeles  
11845 West Olympic Boulevard, Suite#505W, Los Angeles, CA 90064  
424-371-5191  
www.wila.org | Wright Institute Los Angeles | **Intake Fee:** $25  
**Sessions:** Sliding scale (between $15-$90)  
Initial Intake Fee: $25  
**Insurance:** No | **Individual, couples, family, stress management, vocational counseling, educational therapy, psychological assessment (for clients receiving therapy)**  
**Groups:** varies, call to confirm specific focus  
**Languages:** Spanish | No | By appointment | Updated 7/2019 |

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