

Sliding Scale Counseling Centers

- All agencies offer Individual Adult Counseling Services
- * Next to clinic name on this page indicates psychiatry services available. Note that most agencies that have psychiatry ONLY do so with simultaneous psychotherapy.
- Clinics may have considerable wait-times for initial appointments (aka Intakes); Call to confirm.
- This form is updated bi-annually. Please note that information may have changed. Please call or visit their website for most accurate information.

Disclaimer: The following resources are provided for convenience and informational use only. Listing of resources does not indicate an endorsement or recommendation by UCLA or its affiliates. CAPS is not responsible for the content, claims, or representations of the listed resources.

Clinic Listing by Neighborhood

Westwood/Campus Adjacent

- Spanish Speaking Psychosocial Clinic – UCLA
- UCLA Psychology Clinic*

Santa Monica

- Family Service of Santa Monica*
- The Saturday Center

Culver City/West LA/Marina Del Rey

- Antioch University Counseling Center
- Colors LGBTQ Youth Counseling Center
- Open Paths Counseling Center
- Women’s Clinic & Family Counseling Center

Beverly Hills/Century City

- The Maple Counseling Center*
- Wright Institute Los Angeles

Inglewood/Westchester

- Airport Marina Counseling Service*

Mile/Mid-City

- Jewish Family Services
- The Ness Counseling Center
- The Relational Center
- Southern California Counseling Center

West Hollywood/Silver Lake

- Los Angeles LBGT Center*

Burbank

- Family Service Agency of Burbank

Pasadena/San Gabriel Valley

- Foothill Family Service*
- Fuller Psychological & Family Services

San Fernando Valley – North

- Counseling West
- Hillview Mental Health Center, Inc.*
- Mitchell Family Counseling Clinic (@ CSUN)
- San Fernando Valley Counseling Center

San Fernando Valley – East (of 405 Fwy)

- The Center for Individual & Family Counseling

San Fernando Valley – West (of 405 Fwy)

- Encino Community Counseling Center/Pepperdine
- Neighborhood Counseling Center
- Watts Counseling & Learning Center

Orange County

- Living Success Center

Name / Contact Info	Fees/ Insurance	Services (Groups, Other Programs, Other Languages)	Psychiatry	Hours
<p>Airport Marina Counseling Service 7891 La Tijera Blvd., Los Angeles, 90045 310-670-1410 www.airportmarina.org</p>	<p>Intake Fee: \$30 Sessions: Sliding Scale \$15-\$130 Insurance: N/A</p>	<ul style="list-style-type: none"> • Therapy Services: Individual therapy, couples counseling, case management, family therapy, group therapy, Hannon immediate intervention program, LGBTQIA Center, building healthy families collaborative, and at-risk kids program • Groups: Support groups, medication group, anxiety disorder group, anger management group, parenting education and specific focus groups. 	<p>For current clients; requires minimum of 5 therapy visits before referral.</p>	<p>M-Th: 9am-9pm F-Su: 9am-3pm (Phones answered Mon – Thurs. 9am – 5pm) *Currently only telehealth as of 7/21</p>
<p>Antioch University Counseling Center 400 Corporate Pointe, Culver City, 90230 310-574-2813 x366 https://www.antioch.edu/los-angeles/resources/community-resources/au-counseling-center/</p>	<p>Intake Fee: Unknown Session: Sliding scale Insurance: The center does not take private insurance, some staff accept private insurance, No Medi-Cal or Medicare.</p>	<ul style="list-style-type: none"> • Therapy Services: The center offers both short and long-term therapy, workshops and community education in the following areas: Depression and other mood disorders; Anxiety and stress management; Relationship or family distress; Parenting and communication skills; Eating, food and body-image issues; Trauma and abuse; Chronic and terminal illness; AIDS/HIV issues; Grief and loss; Career choices and changes; Life transitions; Personal growth; International and LGBT affirmative counseling programs. • Groups: call to confirm specific focus • Additional Languages: Call to confirm. English, Farsi, Hebrew, Russian and French 	<p>No</p>	<p>M-F: 8am-9pm Sat: 8am-6pm Sun: 8am-4pm</p>

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<p>The Center for Individual & Family Counseling 5445 Laurel Canyon Blvd., North Hollywood, 91607 818-761-2227 x707 https://www.thecenterpro.org/services Email: telehealth@thecenterpro.org</p>	<p>Intake: \$40 Session: sliding scale \$40-\$130 (Couples/Family starts at \$50) Insurance: No</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, Couples, Families, Children & Adolescents: Anxiety & Depression; Trauma, Personal Relationships, Pre-marital Counseling; Separation & Divorce; Sobriety Relapse Prevention; Eating Disorders Relapse Prevention; Grief & Loss; LGBTQIA / Sexuality, Abuse / Survivors of Abuse; Co-Dependency; Life Stage Related Issues; Co-dependency; Interpersonal Relationship Issues; Co-parenting; DCFS/Court Mandated Cases. • Groups: N/A • Additional Languages: Spanish 	No	<p>M-Th: 9am-9pm F-Su: 9am-5pm</p> <p>*Currently only telehealth as of 7/21</p>
<p>Colors LGBTQ Youth Counseling Center located at Antioch University Los Angeles 400 Corporate Pointe Culver City, 90230 310-574-2813 Ext. 366 Email: colors@antioch.edu www.colorsyouth.org</p>	<p>Intake Fee: Unknown Sessions: Free Insurance: No</p>	<ul style="list-style-type: none"> • Therapy Services: For youth under 25 and their families. Individuals, couples, and family therapy. 	No	7 days a week, by appointment
<p>Counseling West 4419 Van Nuys Blvd., Ste. 310 Sherman Oaks, CA 91403 818-990-9898 www.counselingwest.com</p>	<p>Intake Fee: \$40 Sessions: sliding scale \$40+ Insurance: No</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, family, children and adolescent therapy. • Groups: N/A • Additional Languages: Spanish, French, call for other possible languages 	No	<p>M-F: 8am-9pm Sat: 8am-6pm</p>
<p>Encino Community Counseling Center (of Pepperdine University) 16830 Ventura Blvd., Ste 200, Encino, 91436 818-501-1678 http://gsep.pepperdine.edu/about/clinics/encino</p>	<p>Intake Fee: \$25 Sessions: Sliding scale \$15-\$90 Insurance: No</p>	<ul style="list-style-type: none"> • Therapy Services: Individual therapy, Child and Teen therapy, couples therapy, family therapy, and group therapy. • Groups: Call to inquire about specific groups 	No	M-F: Day and evenings by appointment

<p>Family Service Agency of Burbank 2721 W. Burbank Blvd., Burbank, 91505 818-845-7671 www.familyserviceagencyofburbank.org</p>	<p>Intake Fee: fee varies Sessions: Sliding scale varies Insurance: No</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, child and adolescent therapy, couples therapy, family therapy, group therapy. • Other Services: Transitional Housing for families fleeing domestic violence, homeless families and homeless youth; Parenting Classes & Community Education; Family Violence Program to Survivors; Coming Home Military Outreach Program; Art, Play and Sound Therapy; Monitored Visitation & Safe Exchange; Batterer’s Intervention Program; Anger Management; and Couples Domestic Violence Counseling. • Groups: varies, call to confirm specific focus <p>Languages: ASL, Spanish, Armenian</p>	<p>No</p>	<p>M-F: 9am - 5pm Sat: 8am - 5pm Sun: By appointment</p>
<p>Family Service of Santa Monica 1533 Euclid St, Santa Monica, 90403 310-451-9747 https://www.vistadelmar.org/services/mental-health-and-wellness/</p>	<p>Intake Fee: N/A Sessions: Sliding scale \$45-\$170 Insurance: Offers superbills. Medi-cal for those up to 25</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, family, and couple • Additional Languages: Spanish 	<p>For current clients receiving therapy with them</p>	<p>M-Th: 9am-6pm F: 9am-4pm</p>
<p>Foothill Family Service Multiple locations: Pasadena, El Monte, W. Covina, Duarte 626-993-3000 www.foothillfamily.org</p>	<p>Intake Fee: Depending on program based on application fee Sessions: Sliding scale Insurance: Tricare, Molina, Medi-Cal (up to age 21)</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, family, children • Court Ordered support groups: Parenting, domestic violence • Additional Languages: Spanish, Cantonese, and Mandarin 	<p>For clients minors w/ Medi-Cal up to 21</p>	<p>M-F: Hours vary by location (vary by location).</p>

<p>Fuller Psychological & Family Services 180 North Oakland Ave., Pasadena, 91101 626-584-5555 http://fuller.edu/fuller-psychological-and-family-services/</p>	<p>Intake Fee: Depends on therapist Sessions: Sliding Scale: \$45-\$130 Neuropsychological testing: \$3,000 Adult ADHD/Educational Assessment: \$2,000 Insurance: No</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, family, children, premarital counseling, group, neuropsychological testing, <ul style="list-style-type: none"> • Does not directly treat bipolar disorders, eating disorders, or substance-related and addictive disorders • Groups: call to confirm specific focus 	No	M-Th: 8am-9pm F: 8am-5pm
<p>Hillview Mental Health Center, Inc. 12450 Van Nuys Blvd., Ste. 200 Pacoima, 91331 818-896-1161 www.hillviewmhc.org</p>	<p>Intake Fee: Would need to be a client prior to receiving therapy. Sessions: Sliding scale Insurance: Would need to discuss with their case manager.</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals • Groups: varies, call to confirm specific focus • Language: Spanish 	For current clients receiving therapy	M- F: 9am-5:15pm
<p>Jewish Family Service of Los Angeles Multiple locations: LA, San Fernando Valley (818) 432-5025 https://www.jfsla.org/our-services/mental-health/ <i>(Do not need to be Jewish to access services)</i> Email: services@jfsla.org</p>	<p>Intake Fee: Unknown Sessions: Sliding scale. Insurance: Individuals must live within Los Angeles County. Individuals with MediCal, Medicare/MediCal and low income with no insurance are eligible.</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, children, family • Other Services: Pregnancy and postpartum support, domestic violence counseling and support, Jewish community counseling, and addiction prevention & education • Groups: varies, call to confirm specific focus. • Additional Languages: Spanish, Russian, Farsi, and Hebrew. 	For current clients receiving therapy	M-Th: 8:30am- 5:00pm.
<p>Living Success Center 445 E. 17th St., Suites D-E 23193 Costa Mesa, 92627 949-645-4723 www.livingsuccesscenter.org</p>	<p>Intake Fee: Unknown Sessions: Sliding Scale Fee Insurance: No</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, family, children, teens & adolescents • Groups: call to confirm specific focus. Potentially Dialectical Behavior Therapy (DBT) Group, Parenting Skills Group, and Women's Group. 	No	By appointment

<p>Los Angeles LGBT Center 1625 N. Schrader Blvd., Hollywood, 90028 323-993-7500 Ext. #5 https://lalgbtcenter.org/health-services/mental-health/mental-health-services-overview</p>	<p>Intake Fee: Unknown Sessions: Sliding scale. (financial screening appointment must be scheduled prior to scheduling counseling) Insurance: Most private insurance, Medi-Cal, Medicare, can bill many third-party payers.</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, family • Other services: coming out support, hate crime assistance, legal services, career support, and programs to combat substance abuse. • Groups: Freedom from smoking, Self-empowerment for LGBTQ Men, HIV over 50, Anger Management, LGBT Healthy relationships, LGBT primary aggressors, Transgender support and empowerment, Trauma recovery 	For current clients receiving therapy	M-F: 8am - 5pm
<p>The Maple Counseling Center 439 N. Canon Drive STE 209 Beverly Hills, CA 90210 310-271-9999 www.tmcc.org</p>	<p>Intake Fee: \$35 (Phone screen prior) Sessions: sliding scale Insurance: N/A</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, children & adolescents, family, Older Adults • Other Services: Parent Education Series, School based services, Community circle. • Groups: Creating Meaningful Relationships, Gay Men, Queer Space, for other groups vary, call to confirm specific focus. • Additional Languages: Call to confirm 	For current clients receiving therapy	M-Th: 9am-9pm F: 9am-5pm Sat: 9am-2pm
<p>Mitchell Family Counseling Clinic @ Cal State Northridge 18111 Nordhoff St., Northridge, 91330 818-677-2568 www.csun.edu/education/mitchell-family-counseling-clinic</p>	<p>Intake Fee: unknown Sessions: Sliding scale Insurance: No</p>	<ul style="list-style-type: none"> • Therapy Services: Individual, couples, family, children • Groups: Various call to confirm 	No	By appointment weekdays, evenings & weekends.
<p>Neighborhood Counseling Center 5535 Balboa Blvd., Ste. 221, Encino, 91316 818-788-2738 www.nccencino.org Email: NCCEncino@gmail.com</p>	<p>Intake Fee: Same as session fee, no separate fee Sessions: Sliding scale Insurance: No</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, family • Other Services: Free help for gamblers or those affected by their gambling. 	No	By appointment

<p>The Ness Counseling Center 8512 Whitworth Dr., Los Angeles, 90035 866-843-6377 or 310-360-8512 www.thenesscenter.org</p>	<p>Intake Fee: No Charge Sessions: Sliding scale Insurance: Out-of-Network PPO benefits – will verify benefits for no MediCal</p>	<ul style="list-style-type: none"> • Therapy Services: • Other Services: Domestic Violence Services, Anger Management, Parenting Intensive Outpatient, PHP program, Drug & Alcohol, Sexual Addictions, Monitored Visitation, Drug Testing, Assessments. • Groups: Call to confirm topics • Additional Languages: Spanish 	No	M-Th: 9am-4pm
<p>Open Paths Counseling Center 400 Corporate Pointe, Suite 300, Culver City, CA 90230 310-258-9677 www.openpaths.org</p>	<p>Intake Fee: Unknown Sessions: Sliding scale Insurance: No</p> <p>Groups: set fee</p>	<ul style="list-style-type: none"> • Therapy Services: Individual, marital, child and family, LGBTQIA therapy & support • Groups: Expressive Play Group - a therapeutic group incorporating play therapy for adults, Social Anxiety Support Group, Grief Support Group, Court-Approved Parenting Classes, Women’s Empowerment Group, Anger Management Classes, Batterer Intervention Programs [Check website for contact info for specific groups.] • Additional Languages: Spanish 	No	By appointment
<p>The Relational Center 2717 S. Robertson Blvd., Los Angeles, 90034 323-935-1807 www.relationalcenter.org</p>	<p>Intake Fee: Unknown Sessions: Membership fee is based on sliding scale Insurance: No</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, family, and families of choice. • Groups: http://www.relationalcenter.org/catalog/ • Other Services: Wellness classes • Additional Languages: Spanish 	No	M-Th: 9am-9pm Sa-Su: 9am-5pm
<p>San Fernando Valley Counseling Center 7247 Hayvenhurst Ave, A-8, Van Nuys, CA 91406 818-341-1111 Ext. 388 www.sfvcc.org Email: info@sfvcc.org</p>	<p>Intake Fee: \$30 Sessions: Sliding scale Insurance: No</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, family, children • Groups: Anxiety Support, Parenting Classes. Various call to confirm. • Languages: Spanish 	No	No walk-ins. By appointment only

The Saturday Center 3201 Wilshire Blvd., Ste. 201, Santa Monica, 90403 310-829-7997 www.saturdaycenter.org	Intake Fee: \$50 Sessions: \$150 or Sliding Scale Insurance: Out-of-Network provider	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, family, teens • Groups: varies, call to confirm specific focus • Languages: Farsi, call to confirm others 	No	M-Sa: 9am – 9am No walk-ins. By appointment only
Southern California Counseling Center 5615 W. Pico Blvd., Los Angeles, 90019 323-937-1344 www.sccc-la.org	Intake Fee: \$20 Sliding scale: \$16-91 Insurance: No	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, family, children • EMDR • Groups: Best practice parenting, Youth Empowerment & Enrichment, LGBTQI Youth, Community Mindfulness and Compassion, The Abuse Prevention program (TAPP), Stress Navigation & Anger Management, Personal and Relationship Support, Women in Transition, Senior Support Group 	For current clients receiving therapy	Intakes for individual counseling: M-Th: 6-8pm Sat: 12-2pm Intakes for couples, families and/or children: Sun.-Mon. 1-3pm Fri. 6-8pm
Spanish Speaking Psychosocial Clinic - UCLA 300 Medical Plaza, #2232, Los Angeles, 90095 (310) 825-6501 https://www.semel.ucla.edu/psychiatry/service/spanish-speaking-psychosocial-clinic	Intake Fee: No Sessions: Each case is determined individually Insurance: Yes	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, family (Though the SSPC patient population comprises all levels of acculturation, most are primarily Spanish speaking or bilingual.) 	Yes, must be in treatment with their therapist on a weekly basis	M-F: 8am-5pm (October – June)
UCLA Psychology Clinic 2191 Franz Hall, UCLA Campus Los Angeles, 90095 310-825-2305 www.psych.ucla.edu/center-and-programs/clinic Email: ucla@psychclinic.hush.com	Intake Fee: \$40 (Therapy) \$60 (Assessment) Sessions: sliding scale Therapy \$30-\$150 Assessment \$600-\$1725 Group fees: 10/session Insurance: No	<ul style="list-style-type: none"> • Therapy Services: Individuals, group, Child and Adult Assessment • Groups: Dialectical Behavior Therapy; Cognitive Behavioral Therapy 	Referral to consulting psychiatrist off-site.	M-Th: 8am-7pm F: 8am-5pm

<p>Watts Counseling & Learning Center 1465 E. 103rd St., Los Angeles, 90002 323-564-7911 http://community.kp.org/be-informed/program/watts-counseling-and-learning-center Email: info-watts@kp.org</p>	<p>Intake Fee: Free Sessions: Free Insurance: No</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, marital, family, parent-child • Groups: varies, call to confirm specific focus • Languages: Spanish 	<p>No</p>	<p>Intake by phone. M - F: 8am-6pm Sa: 8am-3pm</p>
<p>Women's Clinic & Family Counseling Center 11500 W. Olympic Blvd., Ste. 422, Los Angeles, 90064 310-479-7100 x103 www.womens-clinic.org</p>	<p>Intake Fee: \$40 Sessions: Full fee \$95 or Sliding scale available Insurance: No. But they provide superbills.</p>	<ul style="list-style-type: none"> • Therapy Services: Individual (18+), couples • Groups: varies, call to confirm specific focus 	<p>No</p>	<p>M – Sa by appointment only</p>
<p>Wright Institute Los Angeles 11845 West Olympic Boulevard, Suite #505W, Los Angeles, CA 90064 424-371-5191 www.wila.org Email: info@wila.org</p>	<p>Intake Fee: Free phone intake Sessions: Sliding scale Insurance: No. But they provide superbills.</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples • Groups: Voices of Warriors (female survivors of trauma and abuse support group), Safe Space (specifically sexual assault in the movie industry). Other options but call to confirm. 	<p>No</p>	<p>M-Th: 8am-9pm F: 8am-5pm By Appointment only</p>