

Sliding Scale Counseling Centers

Disclaimer: The following resources are provided for convenience and informational use only. Listing of resources does not indicate an endorsement or recommendation by UCLA or its affiliates. CAPS is not responsible for the content, claims, or representations of the listed resources.

Clinic Listing by Neighborhood

Westwood/Campus Adjacent

- Spanish Speaking Psychosocial Clinic – UCLA
- UCLA Psychology Clinic*

Santa Monica

- Family Service of Santa Monica*
- The Saturday Center (CLOSED)

Culver City/West LA/Marina Del Rey

- Antioch University Counseling Center (CLOSED)
- Colors LGBTQ Youth Counseling Center
- Open Paths Counseling Center
- Women's Clinic & Family Counseling Center (CLOSED)

Beverly Hills/Century City

- Wright Institute Los Angeles

Inglewood/Westchester

- Airport Marina Counseling Service*

Mile/Mid-City

- Jewish Family Services
- The Maple Counseling Center*
- The Ness Counseling Center
- The Relational Center
- Southern California Counseling Center

West Hollywood/Silver Lake

- Los Angeles LBGT Center*

Burbank

- Family Service Agency of Burbank

Pasadena/San Gabriel Valley

- Foothill Family Service* (ONLY MEDI-CAL)
- Fuller Psychological & Family Services

San Fernando Valley – North

- Counseling West
- Hillview Mental Health Center, Inc.*
- Mitchell Family Counseling Clinic (@ CSUN) (ONLY CSUN STUDENTS)
- San Fernando Valley Counseling Center (CLOSED)

San Fernando Valley – East (of 405 Fwy)

- The Center for Individual & Family Counseling

San Fernando Valley – West (of 405 Fwy)

- Encino Community Counseling Center/Pepperdine (CLOSED)
- Neighborhood Counseling Center
- Watts Counseling & Learning Center

Orange County

- Living Success Center

Malibu

- Pepperdine Telehealth Community Counseling Clinic

Name / Contact Info	Fees/ Insurance	Services (Groups, Other Programs, Other Languages)	Psychiatry	Hours
<p>Airport Marina Counseling Service 7891 La Tijera Blvd., Los Angeles, 90045 310-670-1410 https://www.amcshelps.com/</p> <p>*Updated 6.2025</p>	<p>Intake Fee: \$30 Sessions: Sliding Scale based on income Group: \$15 Insurance: N/A</p>	<ul style="list-style-type: none"> • Therapy Services: Individual therapy, couples counseling, case management, family therapy, group therapy, Hannon immediate intervention program, LGBTQIA Center, building healthy families collaborative, and at-risk kids program • Groups: LGBTQIA+ Process Group, Women’s Process Group, Emerging Adults- Navigating your 20s, Grief Support Group, Fire Victims Group • Languages: Spanish 	<p>For current clients; requires minimum of 5 therapy visits before referral.</p>	<p>M: 9AM-9PM T: 9AM-9PM W: 9AM-9PM Th: 9AM-5PM (6PM-9PM telehealth only) F: 9AM-3PM Sa: 9AM-3PM Su: 9AM-3PM</p> <p>In Person & Telehealth</p>
<p>CLOSING SEPT 2025 Antioch University Counseling Center 400 Corporate Pointe, Culver City, 90230 310-574-2813 x 3366 Aucc.aula@antioch.edu</p> <p>**updated 8/2025</p>	<p>Intake Fee: Unknown Session: Sliding scale Insurance: The center does not take private insurance. No Medi-Cal or Medicare.</p>	<ul style="list-style-type: none"> • Therapy Services: The center offers both short and long-term therapy, workshops and community education in the following areas: Depression and other mood disorders; Anxiety and stress management; Relationship or family distress; Parenting and communication skills; Eating, food and body-image issues; Trauma and abuse; Chronic and terminal illness; AIDS/HIV issues; Grief and loss; Career choices and changes; Life transitions; Personal growth; International and LGBT affirmative counseling programs. • Groups: call to confirm specific focus • Additional Languages: Call to confirm. English, Farsi, Hebrew, Russian and French 	<p>No</p>	<p>M-F: 8am-9pm Sat: 8am-6pm Sun: 8am-4pm</p>

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<p>The Center for Individual & Family Counseling</p> <p>5445 Laurel Canyon Blvd., North Hollywood, 91607 818-761-2227 x707 https://www.thecenterpro.org/ Email: telehealth@thecenterpro.org</p> <p>**updated 6.2025</p>	<p>Intake: \$40 Session: sliding scale \$40-\$125 (Couples/Family starts at \$55) Insurance: No. But they provide superbills.</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, Couples, Families, Children & Adolescents: Anxiety & Depression; Trauma, Personal Relationships, Pre-marital Counseling; Separation & Divorce; Sobriety Relapse Prevention; Eating Disorders Relapse Prevention; Grief & Loss; LGBTQIA / Sexuality, Abuse / Survivors of Abuse; Co-Dependency; Life Stage Related Issues; Co-dependency; Interpersonal Relationship Issues; Co-parenting; DCFS/Court Mandated Cases. • Groups: N/A • Additional Languages: Spanish 	<p>No</p>	<p>M-Th: 9am-9pm F-Su: 9am-5pm</p> <p>Telehealth and In-person</p>
<p>Colors LGBTQ+ Youth Outreach Program</p> <p>located at Antioch University Los Angeles 400 Corporate Pointe Culver City, 90230 Intake phone: 310-574-2813 x3580 Intake email: colors.aula@antioch.edu</p> <p>www.colorsyouth.org</p> <p>** updated 7.2025</p>	<p>Intake Fee: Unknown Sessions: Free Insurance: No</p>	<ul style="list-style-type: none"> • Telehealth only • Therapy Services: For youth under 25 and their families. Individuals, couples, and family therapy. 	<p>No</p>	<p>M, W, Th by appointment</p>

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<p>Family Service Agency of Burbank</p> <p>2721 W. Burbank Blvd., Burbank, 91505 818-845-7671 www.familyserviceagencyofburbank.org</p> <p>**updated 7.2025</p>	<p>Intake Fee: fee varies Sessions: Sliding scale varies Insurance: No</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, child and adolescent therapy, couples therapy, family therapy, group therapy. • Other Services: Transitional Housing for families fleeing domestic violence, homeless families and homeless youth; Parenting Classes & Community Education; Family Violence Program to Survivors; Coming Home Military Outreach Program; Art, Play and Sound Therapy; Monitored Visitation & Safe Exchange; Batterer’s Intervention Program; Anger Management; and Couples Domestic Violence Counseling. • Groups: varies, call to confirm specific focus <p>Additional Languages: Spanish, Armenian</p>	No	M-F: 9am - 7pm
<p>Family Service of Santa Monica</p> <p>1533 Euclid St, Santa Monica, 90404 310-451-9747 https://www.vistadelmar.org/services/mental-health-and-wellness/</p> <p>**updated 7.2025</p>	<p>Intake Fee: None Sessions: Sliding scale \$50-\$344 Insurance: Offers superbills. Medi-cal for those up to 25</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, family, and couple • Additional Languages: Spanish 	No	M-Th: 9am-7pm F: 9am-4pm
<p>NO more sliding scale ONLY Medi-Cal</p> <p>Foothill Family Service</p> <p>Multiple locations: Pasadena, El Monte, Covina, Duarte 626-993-3000 www.foothillfamily.org</p> <p>** updated 8.25</p>	<p>Insurance: Medi-Cal (up to age 25)</p>	<ul style="list-style-type: none"> • Therapy Services: children and collateral • Court Ordered support groups: Parenting, domestic violence • Additional Languages: Spanish, Cantonese, and Mandarin 	For clients minors w/ Medi-Cal up to 25	M-F: Hours vary by location

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<p>Fuller Psychological & Family Services 180 North Oakland Ave., Pasadena, 91101 626-584-5555 http://fuller.edu/fuller-psychological-and-family-services/</p> <p>**updated 8/2025</p>	<p>Intake Fee: None Sessions: Sliding Scale: \$45-\$165 Neuropsychological testing: \$3,500 Adult / Child ADHD/Educational Assessment: \$2,500 Insurance: No</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, family, children, premarital counseling, group, neuropsychological testing • Does not directly treat bipolar disorders, eating disorders, or substance-related and addictive disorders • Groups: Grief groups • Additional Language: Korean, Mandarin and Spanish 	<p>No</p>	<p>M-Th: 8am-9pm F: 8am-5pm</p>
<p>Hillview Mental Health Center, Inc. 12450 Van Nuys Blvd., Ste. 200 Pacoima, 91331 818-896-1161 www.hillviewmhc.org</p> <p>**updated: 7/2025</p>	<p>Intake Fee: Would need to be a client prior to receiving therapy. Sessions: Sliding scale Insurance: Medi-Cal, no private insurance, no HMOs</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals • Groups • Case Management • Additional Language: Spanish 	<p>For current clients receiving therapy</p>	<p>M- F: 9am-5:15pm</p>
<p>Jewish Family Service of Los Angeles Multiple locations: LA, San Fernando Valley (818) 432-5025 or (877) 275-4537 https://www.jfsla.org/our-services/mental-health/ <i>(Do not need to be Jewish to access services)</i> Email: services@jfsla.org</p> <p>**updated: 7/2025</p>	<p>Intake Fee: Unknown Sessions: Sliding scale. Insurance: Individuals must live within Los Angeles County. Individuals with MediCal, Medicare/MediCal and low income with no insurance are eligible.</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals (18+) • Other Services: Pregnancy and postpartum support, domestic violence counseling and support, Jewish community counseling, early childhood program, specialized needs life skills. • Groups: Domestic Violence Support, New Moms connect, New Dads Connect, Pregnancy Support, Jewish Community Support • Additional Languages: Spanish, Russian, Farsi, and Hebrew. 	<p>For current clients receiving therapy</p>	<p>M-Th: 8:30am- 5:00pm.</p>
<p>Living Success Center Multiple locations: Santa Ana, Carlsbad 1560 Brookhollow Suite 216, Santa Ana, CA 92705 949-645-4723 www.livingsuccesscenter.org Email: contact@livingsuccesscenter.org</p>	<p>Intake Fee: Unknown Sessions: Sliding Scale Fee (if no insurance) Insurance: Health Net (MHN), Blue Shield, Cigna, Aetna, CA Victim Compensation Board,</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, family, children, teens & adolescents • Groups: Healthy Social Media Interaction, Trauma Yoga Series, Parenting Skills Class, Women’s group 	<p>Low fee psychiatry services to current clients</p>	<p>By appointment</p>

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**updated: 7/2025	Tricare, Magellan Health			
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Los Angeles LGBT Center Multiple locations: Hollywood, Boyle Heights, Los Angeles 1625 N. Schrader Blvd., Hollywood, 90028-6213 323-993-7500 Ext. 3 https://lalgbtcenter.org/services/mental-health-psychiatry-services/ **updated: 7/2025	Intake Fee: Unknown Sessions: Sliding scale. (financial screening appointment must be scheduled prior to scheduling counseling) Insurance: Most private insurance, Medi-Cal, Medicare, can bill many third-party payers.	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, family • Other services: coming out support, hate crime assistance, legal services, career support, and programs to combat substance abuse. • Groups: Freedom from smoking, Self-empowerment for LGBTQ Men, HIV over 50, Anger Management, LGBT Healthy relationships, LGBT primary aggressors, Transgender support and empowerment, Trauma recovery Additional Languages: Spanish	For current clients receiving therapy	M-F: 8am - 7pm
Maple Counseling 1945 South La Cienega Blvd. Los Angeles, CA 90034 310-271-9999 www.maple4counseling.org **updated: 8/2025	Intake Fee: \$35, free for some referrals and returning clients (Phone screen prior) Sessions: sliding scale up to \$100 Insurance: N/A	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, children & adolescents, family, Older Adults • Other Services: Parent Education Series, School based services, Community circle. • Groups: Creating Meaningful Relationships, Gay Men, Queer Space, for other groups vary, call to confirm specific focus. • Additional Languages: Call to confirm 	No, but call for referral service	M - 11am-9pm Tu 9am- 9pm Wed 9am -7pm Th 11am-7pm Fri 9am-5pm Sat: 9am-2pm – virtual sessions

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<p>Neighborhood Counseling Center</p> <p>5535 Balboa Blvd., Ste. 221, Encino, 91316 818-788-2738 www.nccencino.org Email: NCCEncino@gmail.com</p> <p>**updated: 8/2025</p>	<p>Intake Fee: Same as session fee, no separate fee Sessions: Sliding scale Insurance: No</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, family • Other Services: Free help for gamblers or those affected by their gambling. 	No	By appointment
<p>The Ness Counseling Center</p> <p>8512 Whitworth Dr., Los Angeles, 90035 866-843-6377 or 310-360-8512 www.thenesscenter.org</p> <p>left VM 8.11.25</p>	<p>Intake Fee: No Charge Sessions: Sliding scale Insurance: Out-of-Network PPO benefits – will verify benefits for no MediCal. Will provide statements for “out of network” reimbursement.</p>	<ul style="list-style-type: none"> • Therapy Services: • Other Services: Domestic Violence Services, Anger Management, Parenting Intensive Outpatient, PHP program, Drug & Alcohol, Sexual Addictions, Monitored Visitation, Drug Testing, Assessments. • Groups: Call to confirm topics • Additional Languages: Spanish 	No	Telehealth Only
<p>Open Paths Counseling Center</p> <p>301 North Prairie Ave, Suite 510. Inglewood, CA 90301 310-258-9677 www.openpaths.org</p> <p>**updated: 8/2025</p>	<p>Intake Fee: Sliding Scale Sessions: Sliding scale Insurance: No Groups: All virtual except the Transgender Binary Support Group, call for fee</p>	<ul style="list-style-type: none"> • Therapy Services: Individual, marital, child and family, LGBTQIA therapy & support, EMDR • Groups: Social Anxiety Support Group, Court- Approved Parenting Classes, Women’s Empowerment Group, Anger Management Classes [Check website for contact info for specific groups.] • Additional Languages: Spanish 	No	By appointment
<p>Pepperdine Telehealth Community Counseling Clinic</p> <p>818-702-1099 Email: pepperdinetelehealthclinic@pepperdine.edu</p> <p>**updated 6/2026</p>	<p>Intake fee: \$45 Sessions: Sliding scale (\$25-90)</p>	<ul style="list-style-type: none"> • Therapy Services: individual, couples, and family therapy; Relational, familial, vocational, and educational challenges; Treatment for anxiety and depression 	No	Daytime and evening appointments are available Monday through Friday

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<p>The Relational Center 2717 S. Robertson Blvd., Los Angeles, 90034 323-935-1807 www.relationalcenter.org left VM 8.11.25</p>	<p>Intake Fee: Unknown Sessions: Membership fee is based on sliding scale Insurance: No</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, family, and families of choice. • Groups: http://www.relationalcenter.org/catalog/ • Other Services: Wellness classes • Additional Languages: Spanish 	<p>No</p>	<p>M-Th: 9am-9pm Sa-Su: 9am-5pm</p>
<p>Southern California Counseling Center 5615 W. Pico Blvd., Los Angeles, 90019 323-937-1344 www.sccc-la.org **updated 8/2025</p>	<p>Intake Fee: \$20 Sliding scale: \$16-91, average fee is \$15-\$25 Insurance: Medical with LA Care, Carelon Behavioral Health PPO</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples, family, children • EMDR • Groups: Best practice parenting, Youth Empowerment & Enrichment, LGBTQI Youth, Community Mindfulness and Compassion, The Abuse Prevention program (TAPP), Stress Navigation & Anger Management, Personal and Relationship Support, Women in Transition, Senior Support Group <p>Languages: Spanish, call to confirm others</p>	<p>No</p>	<p>M-Th : 10am-8pm Fri : 10-2 Sat : 10-2 Intakes for counseling by appointment made by client.</p>
<p>Spanish Speaking Psychosocial Clinic – UCLA 300 Medical Plaza, #1200, Los Angeles, 90095 (310) 825-6501 https://www.semel.ucla.edu/psychiatry/service/spanish-speaking-psychosocial-clinic **updated: 8/2025</p>	<p>Intake Fee: No Sessions: Each case is determined individually Insurance: Yes</p>	<p>Therapy Services: Individuals, couples, family (Though the SSPC patient population comprises all levels of acculturation, most are primarily Spanish speaking or bilingual.)</p>	<p>Yes, must be in treatment with their therapist on a weekly basis</p>	<p>M, W, Th: 8am-5pm</p>

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<p>UCLA Psychology Clinic 2191 Franz Hall, UCLA Campus Los Angeles, 90095 310-825-2305 www.psych.ucla.edu/center-and-programs/clinic Email: ucla@psychclinic.hush.com</p> <p>** updated 8.2025</p>	<p>Intake Fee: \$40 (Therapy) Sessions: sliding scale \$30-\$150 / session (weekly) Group fees: \$5/session Assessments : \$490- \$1725 Insurance: No Waitlist: 3 months – 2years, call for additional information about waitlists.</p>	<ul style="list-style-type: none"> • Available Programs: Individuals (adult & children), Couples, Full DBT program (includes individual, group and phone sessions), DBT group (only for those enrolled in Full DBT), ACT group for transitional youth (age 18-25) • Assessments: Adult & Children. Learning disabilities, behavioral and school problems, personality assessment, neuropsychological assessment, attention / concentration problems • 	<p>Referral to consulting psychiatrist off- site.</p>	<p>M-Th: 8am-7pm F: 8am-5pm</p>

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<p>Watts Counseling & Learning Center 1465 E. 103rd St., Los Angeles, 90002 323-564-7911 http://community.kp.org/be-informed/program/watts-counseling-and-learning-center Email: info-watts@kp.org</p> <p>**updated: 8/2025</p>	<p>Intake Fee: Free Sessions: Free Insurance: No</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, marital, family, parent-child • Groups: varies, call to confirm specific focus • Languages: Spanish 	<p>No</p>	<p>Intake by phone. M - F: 8am-6pm Sa: 8am-3pm</p>
<p>Wright Institute Los Angeles 11845 West Olympic Boulevard, Suite #505W, Los Angeles, CA 90064 424-371-5191 www.wila.org Email: info@wila.org</p> <p>**updated: 8/2025</p>	<p>Intake Fee: Free phone intake Sessions: Sliding scale Insurance: No. But they provide superbills.</p>	<ul style="list-style-type: none"> • Therapy Services: Individuals, couples • Groups: Voices of Warriors (female survivors of trauma and abuse support group), Safe Space (specifically sexual trauma). Other options but call to confirm. Individual therapy prior to starting groups. 	<p>No</p>	<p>M-Th: 8am-9pm F: 8am-5pm By Appointment only</p>

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