

CAPS Drop-In Hours



CAPS Drop-In Hours provide free, confidential, brief support or mental health screenings for undergraduate and graduate students. During the visit, a specialized counselor can help you to explore resources, assess your mental health, and when needed, connect you to ongoing CAPS counseling, and other services.

New centralized spaces for SAC and Kerckhoff communities:



MONDAYS 1PM-3PM WITH JULIANA CARRANZA, LCSW

Location:
Student Activities Center (SAC) -
CPO liaison office located in the
Suite #105, Room 105E

Juliana is a bilingual, Chicana, Licensed Clinical Social Worker, passionate about helping students meet their mental health needs through providing validating, nonjudgmental, and empowering psychotherapy. Juliana has experience in both school and community based settings, supporting students in overcoming various social-emotional difficulties, primarily anxiety, depression, and trauma. As a UCLA alum, first generation immigrant, and college student herself, Juliana has a special interest in working with historically marginalized and non-traditional students populations. During her time at UCLA, Juliana was an active member of MEChA de UCLA and CPO.



TUESDAYS 1PM-3PM WITH DIANE JUNG GALLO, PSY.D.

Location:
Kerckhoff Hall -
Transfer Student Center

Dr. Jung Gallo is an Asian American psychologist who is passionate about working with students of color, undocumented students, first generation college students, and international students. Her specialty areas include Asian/Asian American mental health, eating disorders, trauma, relationship issues, and identity development. She takes a multicultural, collaborative approach to therapy. She also leads the Compassion for your Inner Critic and Asian American Community Support Group at CAPS.



WEDNESDAYS 1PM-3PM WITH JULIANA CARRANZA, LCSW

Location:
Student Activities Center (SAC) -
CPO liaison office located in the
Suite #105, Room 105E

Juliana is a bilingual, Chicana, Licensed Clinical Social Worker, passionate about helping students meet their mental health needs through providing validating, nonjudgmental, and empowering psychotherapy. Juliana has experience in both school and community based settings, supporting students in overcoming various social-emotional difficulties, primarily anxiety, depression, and trauma. As a UCLA alum, first generation immigrant, and college student herself, Juliana has a special interest in working with historically marginalized and non-traditional students populations. During her time at UCLA, Juliana was an active member of MEChA de UCLA and CPO.



THURSDAYS 1PM-3PM WITH KRISTI GRAHAM, PH.D.

Location:
Kerckhoff Hall -
Transfer Student Center

Dr. Kristi Graham is a CAPS staff psychologist who emphasizes a collaborative, strengths-based perspective in her work with students. Her clinical interests include working with racial minorities, cultural competence, mood and anxiety disorders, stress management, codependency, and relationship skill building. She also coleads the Black and Bruin group at CAPS.



UNDOCUMENTED STUDENTS PROGRAM (USP) DROP-IN HOURS

Virtual only:
Call CAPS at (310) 825-0768
and indicate the USP
drop-in and/or counselor to
set-up a drop-in appointment.

Thursdays 1:00PM - 3:00PM
with Ellie Hernandez, Ph.D.
and Catherine Teotico, Psy.D.

